



*Serving With Pride The
Township of Manalapan
and the
Borough of Englishtown*

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Dear Parents/Guardians:

It is the goal of the Manalapan-Englishtown Regional School District to help our students develop the habits necessary to live healthy, productive lives that positively impact themselves, their families, schools, and communities.

Through health curriculum guides created by a committee of Manalapan-Englishtown Regional School District staff, we incorporate healthy practices and wellness skills, the [New Jersey Student Learning Standards \(NJSLS\) in Comprehensive Health and Physical Education](#), and related State statutes in a manner appropriate to the age and grade level of our students. Within each unit of the health curriculum guide, specific lesson objectives, suggested resources, and suggested activities are listed to inform instruction.

We recognize that there have been questions regarding the revised health curriculum to be implemented for the upcoming school year. For more information regarding the Manalapan-Englishtown Regional School District's revised health curriculum guides, please click the grade level band which your child will be entering into for the 2022-2023 school year.

[Grades K-2](#)

[Grades 3-5](#)

[Grades 6-8](#)

Enjoy the summer!

Respectfully,

James Walsh

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Supervisor of Health and Physical Education

Jodi Pepchinski

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